

Division of Behavioral Health Services
Abbreviations and Acronyms List

Acronym/Abbreviation	Meaning
3632/26.5	3632/26.5- This is the Special Education/ Mental Health collaboration that provides mental health services pursuant to an IEP (Individual Education Plan) to identified students who require outpatient or residential services in order to benefit from a free and appropriate education, as delineated in the federal Individuals with Disability Education Act (IDEA) legislation.
A and A	aid and attendance
A. fib.	atrial fibrillation
A.M.	morning
A/H or AH	auditory hallucinations
A/Ox3	alert & oriented to person, place & time
A/P	accounts payable
A/R	accounts receivable
A/V	auto vendor
AAA	Area Agency on Aging
AARP	American Association of Retired Persons
AB	Assembly Bill
AB 2034	Integrated Services for Homeless Adults (Steinberg's Bill) - Program defunded
AB 3632	Special Education for K-12, Individual Education Plan
ABC	Alcohol and Beverage Control
Abd	abdomen
ACAC	Another Choice Another Chance
ACCESS	Access to Community Care & Effectiveness Services & Support (see also Adult ACCESS Team and Children's ACCESS Team)
acct or acctg	account/accounting
ack	acknowledge
ACRC (also ALTA)	Alta California Regional Center
ACT	Assertive Community Treatment
ACT	Augmented Care and Treatment
AD	Alzheimer's disease
ad lib	as desired
ADA	Americans with Disabilities Act
ADA diet	American Diabetes Association diet
ADAM	Arrestee Drug Abuse Monitoring
ADD	attention-deficit disorder
addtl	additional
Adeq.	adequate
ADHD	attention-deficit/hyperactivity disorder
ADLS	Activities of Daily Living Skills; Basic skills required to take care of one's needs. Eg. Grooming, housekeeping, budgeting, using transportation...
ADM	administrator
adm	admission
ADP	Alcohol and Drug Programs, Department of
ADS	Alcohol & Drugs Services
Adult ACCESS Team	Centralized entry point for adults who receive publicly funded mental health services in Sacramento County.
AF-CBT	Alternatives for Families, Cognitive Behavioral Therapy

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AFDC	Aid to Families with Dependent Children (now known as CalWORKs)
AFF	Application for Funding
AG	Attorney General
AIDS	Acquired Immune Deficiency Syndrome
AKA	also known as/above the knee amputation
AMA	against medical advice
Amb	ambulate
AMH	acute medical hospital
AMHA	Association of Mental Health Administrators
amt	amount
AOD	administrator on duty
AOD	Alcohol and Other Drugs
AODM	adult onset diabetes mellitus
APCC	Asian Pacific Community Counseling
APD	Advanced Planning Document
approp	appropriate
appt.	appointment
APS	Adult Protective Services (a Division within the Department of Health & Human Services)
APSS	Adult Psychiatric Support Services
ARBHC	American River Behavioral Health Center
ARF	Adult Residential Facilities
AROM	active range of motion
ART	Aggression Replacement Training
ARTP	Acute Residential Treatment Program
ASA	acetylsalicylic acid (aspirin)
ASAM	American Society of Patient Placement Criteria
ASAP	as soon as possible
ASB	Adult Services Building
ASCVD	arteriosclerotic cardiovascular (or cerebrovascular) disease
ASHD	arteriosclerotic heart disease
ASI	Addiction Severity Index
ASO	Administrative Services Officer
ASOC	Adult System of Care
ASPVD	arteriosclerotic peripheral vascular disease
assist.	assistant
ASVD	arteriosclerotic vascular disease
ATB	antibiotic
ATOD	Alcohol, Tobacco and Other Drugs
attach	attachment
attn	attention
AVG	average
AWOL	absent without leave
Ax temp	axillary temperature
AZT	aschheim-zondek test/acronym
B	breakfast

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Acronym/Abbreviation	Meaning
B&B	bowel and bladder
B&C	board and care
b.i.d.	twice daily
B.M./BM	bowel movement
B.P./BP	blood pressure
Ba enema	barium enema
Ba swallow	barium swallow
BAR	Benefit Action Request
BBB	bundle branch block
Bender	Bender Visual Motor Gestalt Test
BHC	Behavioral Health Center
BHCHO	Behavioral Health Center Heritage Oaks
BHCSV	Behavioral Health Center Sierra Vista
Bil	bilateral
BKA	below the knee amputation
bl. cult	blood culture
BLE	both lower extremities
BPD	Borderline Personality Disorder
BPRS	Brief Psychiatric Rating Scale
BRO	broker price opinion
BRP	bathroom privileges
BS	blood sugar/breath sounds/bowel sounds
BSW	Bachelor Degree in Social Work
BU	Benefits Unit
BUE	both upper extremities
BUN	blood urea nitrogen
BUR	burial
Bx	biopsy or behavior
C	centigrade
C&S	culture and sensitivity
c/o	complains of
C02	carbon dioxide
C1-C7	cervical vertebrae
Ca	calcium
CA	cancer/carcinoma/cardiac arrest/coronary artery
CAARR	California Association of Addiction Recovery Resources
CAD	coronary artery disease
CADDS	California Alcohol and Drug Data System
CADPAAC	California Alcohol and Drug Program Administrators Association
CAFAS	Child & Adolescent Functional Assessment Scale
Cal	calorie
Cal Ct	calorie count
Cal WORKs	California Work Opportunity and Responsibility to Kids
CALMHB/C	California Association of Local Mental Health Board/Commission
CalOMP	California Outcome Monitoring Program
CalOMS	California Outcomes Measurement System

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Acronym/Abbreviation	Meaning
CalOMS-Prev	California Outcomes Measurement System-Prevention
CalOMS-Tx	California Outcomes Measurement System-Treatment
CALSTARS	California State Accounting and Reporting System
CalTOP	California Treatment Outcomes Project
CAMFT	California Association of Health Facilities of Marriage & Family Therapists
CAMHAOA	California Mental Health Advocate Older Adults
CAMHPRA	California Association of Mental Health Patient Rights Advocates
Cap	capsule
CAPS	Child and Adolescent Psychiatric Services
CAR	Clerical Action Request
CARE	California Access to Recovery Effort
CARS	Center for Applied Research Solutions
CASRA	California Association of Social Rehabilitation Agencies
CAT	computer assisted axial tomography
Cath	catheterization
CATS	Client Activity Tracking System (Mental Health billing and tracking system)
CBC	complete blood count
CC	county counsel
cc	cubic centimeter
CC/ES	Cultural Competency/Ethnic Services -- Unit within the division of Mental Health
CCAC	Cultural Competency Advisory Committee
CCCMHA	California Council of Mental Health Agencies
CCF	Community Care Facilities
CCL	Community Care Licensing
CCMH	California Council on Mental Health
CCMS	Children's Case Management Services
CCR	California Code of Regulations
CDC	California Department of Corrections
CDE	California Department of Education
CF	cystic fibrosis
CF&T	Capital Facilities & Technology (one of the 5 MHSA components)
CFI	Child and Family Institute
CFR	Code of Federal Regulations
CHD	coronary heart disease
CHDP	Child Health & Disability Prevention program
Chemo	chemotherapy
CHF	congestive heart failure
ChIIP	Childhood Illness and Injury Prevention
Child & Family Access Team	Centralized entry point for all children and youth, aged 0-21, who receive publicly funded mental health services in Sacramento County.
CHIS	California Health Interview Survey
chol	cholesterol
CHW	Catholic Healthcare West
CIG	tobacco use
CI MH	California Institute for Mental Health

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Acronym/Abbreviation	Meaning
Ck/ck	check
CL	chloride/clavicle/closure
CL	Club Live
CLT/clt	client
cm	centimeter
CMB	County Monitoring Branch
CMHACY	California Mental Health Advocates for Children and Youth
CMHDA	California Mental Health Director's Association
CMI	California Mentor Initiative
CMI	California Methamphetamine Initiative
CMISP	County Medically Indigent Services Program
CN	cranial nerve or Charge Nurse
CNMHC	California Network of Mental Health Clients
CNS	central nervous system
CNT	count
CO ISA	County Integrated Services Agency
COA	change of address
coag. Time	coagulation time
COD	Co-occurring Disorder -- See "Dual Diagnoses"
COE	close of escrow
COJAC	Co-Occurring Joint Action Council
COLA	cost of living adjustment
colos	colostomy
conc.	Concentrate
Consumers	Recipients of mental health services
Cont./cont.	Continued
COPD	chronic obstructive pulmonary disease
COSSR	Continuum of Services System Re-engineering
CP	cerebral palsy/chest pain/cardiopulmonary
CPC	California Prevention Collaborative
CPI	Community Prevention Initiative
CPR	cardiopulmonary resuscitation
CPS	Child Protective Services (a Division within the Department of Health & Human Services)
creat	creatinine
Crm	cream
CRT	court
CRT INV	court investigator
CSA	Countywide Services Agency (Agency of Sacramento County)
CSAP	Center for Substance Abuse Prevention
CSAT	Center for Substance Abuse Treatment
C-section	cesarean section
CSH	Consumers Self Help
CSI	DMH Client & Services Information System
CSOC	Children's System of Care
c-spine	cervical spine

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Acronym/Abbreviation	Meaning
CSS	Community Services & Support (one of the 5 MHSA components)
CSS	California Student Survey
CSU	Crisis Stabilization Unit
CT	computerized tomography
CTF	Community Treatment Facility
CV	cardiovascular
CVA	cerebrovascular accident
CVD	cerebrovascular disease
CVI	cerebrovascular insufficiency
CWDA	California Welfare Directors Association
CXR	chest x-ray
d	day
D	dinner
D&C	dilation and curettage
D/C	discharged
D/O	disorder
DAC	Director's Advisory Council
DAT	diet as tolerated
DATAR	Drug and Alcohol Treatment Access Report
DBHS	Department of Behavioral Health Services (ends June 30, 2010). Part of the Countywide Services Agency
DBHS	Division of Behavior Health Services (effective July 1, 2010). Part of the Department of Health and Human Services
DBT	Dialectical Behavior Therapy
DC	death certificate
dc or disc	discontinue
dec'd	deceased
dec't	decedent
DECL/decl	declaration
Dep	deputy
DHA	Sacramento County Department of Human Assistance
DHHS	Sacramento County Department of Health & Human Services
DHS	California State Department of Health Services
DHS-OA	Department of Health Services-Office of AIDS
Diab	diabetic
Diag (Dx)	diagnosis
disp	disposition
Division	A County Division is within a Department
DJD	degenerative joint disease
DM	diabetes mellitus
DMC	Drug Medi-Cal
DMH	California State Department of Mental Health
DNR	do not resuscitate
DO	doctor of osteopathy
DOA	dead on arrival; date of admission
DOB	date of birth

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DOD	date of death
DOF	California Department of Finance
DON	director of nurses
DPT	diphtheria, pertussis, tetanus
Dr	doctor
DRC	Day Reporting Center- This is a highly structured Probation run school and day treatment program for court ordered youth. The Division of Mental Health provides onsite mental health counseling services for the clients in this program.
Dsg.	Dressing
DSM	Diagnostic and Statistical Manual of Mental Disorders
DSM-IV	Diagnostic and Statistical Manual of Mental Disorders, 4th Edition
DSS	State Department of Social Services
DTI	Day Treatment Intensive
dtr.	Daughter
DTs	delirium tremens
DTT	diphtheria-tetanus toxiod
Dual Diagnosis	Person diagnosed with two different disorders, typically a combination of mental health and substance use diagnoses.
DUI	Driving-Under-the-Influence
DUIP	Driving-Under-the-Influence Program
DV	Domestic Violence
DX	Diagnosis or Diagnostic
dx or d/dx	diagnosis or differential diagnosis
Dz	disease
e.g.	When you mean "for example," use e.g. It is an abbreviation for the Latin phrase <i>exempli gratia</i> .
EAU	Excessive Alcohol Use
EBP	Evidence-Based Practices
ECF	Extended Care Facility
Echo EG	echoencephalogram
ECT	electroconvulsive therapy
EEG	electroencephalogram
EENT	eye, ear, nose, and throat
EH	
EHI	Electronic Health Information
EIS	Estate Inventory Specialist
EKG	electrocardiogram
elix	elixir
EMQ	Eastfield Ming Quong
EMT	emergency medical technician
ENP	Enrolled Network Provider
ENT	ear, nose, throat
EOB	Explanation of Benefits (medical)
EPO	Estate Property Officer
EPS	extrapyramidal symptomatology

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Acronym/Abbreviation	Meaning
EPSDT	Early Periodic Screening, Diagnosis, & Treatment
ER	emergency room
Esp	especially
etc	and so on
Etiol	etiology
ETOH	ethyl alcohol
Eval	evaluation
Exam	examination
F	Fahrenheit
F	female
F. cath	foley catheter
F/E	filed and endorsed
f/u	follow-up
FAC	facility
FAC	Family Advisory Committee
FAC	Family Advocate Committee
FBS	fasting blood sugar
Fe	iron
FFT	Functional Family Therapy
FFY	Funding Fiscal Year
FFY	Federal Fiscal Year
Fib	fibrillation
FLD	full lower dentures
FNL	Friday Night Live
FOCUS	Family Outreach Community Support - Intensive outpatient programs that utilize mental health funds to serve children and youth at imminent risk of out of home placement or psychiatric hospitalization.
FOTP	Female Offender Treatment Program
FRAT	Family Resource Advisory Team
FROM	full range of motion
FSA	Family Service Agency
FSP	Full Service Partnership (Program type within CSS component)
ft	feet
FTB	Franchise Tax Board
FTE	Full-Time Equivalent (Relates to staffing within programs)
FUD	full upper dentures
FWW	front-wheel walker
Fx	fracture
FY	Fiscal Year
G.B.series	gallbladder series
G.I. series	gastrointestinal series
GA	General Assistance -- Program administered by DHA
GAF	Global Assessment of Functioning
Gal	gallon
GERD	gastroesophageal reflux disease
Gm	gram

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Acronym/Abbreviation	Meaning
Gm+	gram-positive
GNP	Good Neighbor Policy
GP	general practitioner
GPAC	Governor's Prevention Advisory Council
Gr	grain
GSD	General System Development (Program type within CSS component)
GT	gastric tube
GTT	glucose tolerance test
gtt(s)	drop or drops
GYN	gynecology
H&P	history and physical
H&S	Health and Safety
H&S Code	Health & Safety Code
H.H.A.	home health aide
h.s.	hour of sleep/bed time
h.v.	home visit
H ₂ O	water
H ₂ O ₂	hydrogen peroxide
HBP	high blood pressure
Hct	Hematocrit
HCVD	hypertensive cardiovascular disease
HEENT	head, eyes, ears, nose, throat
Hgb	hemoglobin
HIP	Homeless Intervention Program
HIPAA	Health Insurance Portability and Accountability Act
HIV	Human Immunodeficiency Virus
HMO	Health Maintenance Organization
HOB	head of bed
HOH	hard of hearing
HOPWA	Housing Opportunity for People with AIDS
Hosp	hospital
HR	heart rate
Hr	hour
HRC	Human Resources Consultants
HRCI	
HRU	High Risk Use
HSS	Human Services Specialist
ht	height
HTN	hypertension
husb.	Husband
HV	Home Visit
HX	History
Hx.	History
I	certified nurses' aide
I&A	inventory and appraisal
I&O	intake and output

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Acronym/Abbreviation	Meaning
i.e.	stands simply for "that is," which written out fully in Latin is ' <i>id est</i> '. "i.e." is used in place of "in other words," or "it/that is." It specifies or makes more clear.
i.e.	that is
IBS	irritable bowel syndrome
IBW	ideal body weight
IC	indigent cremation
ICF	Intermediate Care Facility
ICM	Intensive Clinical/Case Management
ICU	intensive care unit
IDDM	insulin dependent diabetes mellitus
IDT	interdisciplinary team
IDU	Injection Drug User
IEP	Individual Education Program
IFB	Invitation for Bid
IHD	ischemic heart disease
IHSS	In-Home Supportive Services
ILP	Independent Living Program
IM	intramuscular
IMAC	Interagency Management & Authority Committee
IMD	Institute of Mental Disease
Imp.	Impression
inc	incomplete
incont	incontinence
info	information
Inj.	Injection
Innovation	One of the 5 MHSA components
ins.	Insulin
ins.	Insurance
Int/Ext.	Internal/external
Inv List	inventory listing
IOL	intraocular lens
IOM	Institute of Medicine
IPRP	Independent Peer Review Project
IPT	Intensive Placement Team
IRS	Internal Revenue Service
IS	internal stimuli
ISA	Integrated Services Agency
ISA	Internal Services Agency (Agency of Sacramento County)
IST	Intensive Services Team
ITP	Individual Treatment Plan
IUD	intrauterine device
IV	intravenous
IVDU	Intravenous Drug User
IV-P	intravenous push
IY	Incredible Years

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Acronym/Abbreviation	Meaning
JH	Juvenile Hall
JJI	Juvenile Justice Institutions
JJIMHT	Juvenile Justice Institution Mental Health Team
JSO	Juvenile Sex Offender Program
JT	jejunostomy
Jt	joint
K or K+	potassium
Keys to Hope funds	Rental subsidy funding provided by SHRA (administered within Pathways program)
Kg	kilogram
l	liter
lab	laboratory
lat.	Lateral
lb	pound
LBBB	left bundle branch block
LCSW	Licensed Clinical Social Worker
Levels	Dollar Amount Received From Previous Year
LGBT	Lesbian, Gay, Bisexual, and Transgender
LIFE	Living in Familiar Environments
liq	liquid
LLE	left lower extremity
LLL	left lower lobe(lung)
LLQ	left lower quadrant(abdomen)
LM (L/M)	left message
LOA	leave of absence
LOC	level of care
LP	lumbar puncture
LPS	Lanterman Petris Short
LQ	lower quadrant
LRCF	Licensed Residential Care Facility
LRQ	lower right quadrant(abdomen)
L-SNF	locked skilled nursing facility
lt/L/LT	left
LTC	Long Term Care
ltr	letter
Ltrs. Of Adm	letters of administration
LUE	left upper extremity
LUL	left upper lobe(lung)
LUQ	left upper quadrant (abdomen)
LVN	License Vocational Nurse
lymph	lymphocytes
lytes	electrolytes
M	male
M.D.	muscular dystrophy/doctor
M.I.	myocardial infarction
MAO	monoamine oxidase

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Acronym/Abbreviation	Meaning
max	maximum
MBA	Minimum Base Allocation (Counties)
mcg	microgram
MD	medical doctor
MDI	manic-depressive illness
MDT	Multi-Disciplinary Team
med	medium
MEDS	Medi-Cal Eligibility System
meds	medicine
MERT	Minor Emergency Response Team - Children's Crisis Unit located at the Mental Health Treatment Center.
MFCC	Marriage, Family & Child Counselor (now known as MFT)
MFT	Marriage & Family Therapist (formerly known as MFCC)
mg	milligram
mgmt	management
MH	Mental Health
MHA	Mental Health America
MHAC	Mental Health Association in California
MHC	Mental Health Counselor
MHPC	Mental Health Program Coordinator
MHSA	Mental Health Services Act
MHSOAC	Mental Health Services Oversight & Accountability Commission
MHTC	Mental Health Treatment Center
MHW	Mental Health Worker
MI	myocardial infarction
MICA	Mentally Ill Chemically Abusing
min	minute
MIOCR	Mentally Ill Offenders Crime Reduction
misc	miscellaneous
ml	milliliter
mm	millimeter
MMPI	Minnesota Multiphasic Personality Inventory
mo	month
mod.	Moderate
MOE	Maintenance of Effort
MOM	milk of magnesia
mono	monocytes
MOU	Memorandum of Understanding
MRE	most recent episode
MRI	magnetic resonance imaging
MS	mitral stenosis/multiple sclerosis
MSSP	Multi-Purpose Senior Services
MST	Multisystemic Therapy
MSW	Master of Social Work
MTFC	Multidimensional Treatment Foster Care
mva	motor vehicle accident

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n/a	not applicable
N/S	normal saline
Na	sodium
NAC	Neighborhood Alternative Center - This is a 24 hour probation drop in and counseling center utilized by law enforcement and parents for out of control youth. It is a partnership between Probation, Mental Health, Alcohol and Drug Services, and CPS. (Program closed in FY 08/09)
NACBHD	National Association of County Behavioral Health Directors
NAMI	National Alliance for the Mentally Ill
NAS	no added salt
NASADAD	Nation Association of State Alcohol/Drug Abuse Directors
NASW	National Association of Social Workers
NBS	normal bowel sound
NCS	no concentrated sugars
Neg (-)	negative
neuro	neurological
New Funds	Funds Not Currently Allocated to Counties &/or Returned to State for Redistribution
NFS	non factual statement
NG	nasogastric
NH	nursing home
NIDDM	noninsulin dependent diabetes mellitus
NIMBY	Not in My Back Yard
NIMH	National Institute for Mental Health
NKA	no known allergies
NMS	neuroleptic malignant syndrome
NNA	Negotiated Net Amount
NOA	Notice Of Action
noct (noc)	nocturnal (night)
NOK	next of kin
NOMs	National Outcome Measures
non.rep.	do not repeat
NOS	Not Otherwise Specified or Non Organ Specific
NP	nurse practitioner
NPI	National Provider Identifier
NPN	National Prevention Network
NPO	nothing by mouth
NSDUH	National Survey on Drug Use and Health
NSR	normal sinus rhythm
NTP	Narcotic Treatment Program
nut.	Nutrition
O&E	Outreach & Engagement
O.D./OD	right eye
O.P. (O/pt)	outpatient
O.S./OS	left eye
O.T.	occupational therapy(ist)

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O.T.R.	occupational therapist registered
O.U.	both eyes
O2	oxygen
OA	Office Assistant
OAC	Mental Health Services Oversight & Accountability Commission
OARA	Office of Applied Research and Analysis
OASOC	Older Adult System Of Care
OB	obstetrics or obstetrician
OBD	organic brain disease
obj	objective
OBS	organic brain syndrome
obs/obs.	Observation
occ	occasional
OCD	obsessive-compulsive disorder
OD	over dose or right eye
Oint	ointment
ONTRACT	ONTRACT Program Resources, Inc.
OOB	out of bed
Op. (OP)	operation
Ophth.	Ophthalmology
OR	operating room
org	organization
ORIF	open reduction with internal fixation
Ortho.	Orthopedics
OS	left eye
Ox3	oriented to person, place, and time
oz	ounce
p	after or post
P	pulse
P&I	Personal and incidental (refers to spending money)
P&P	Policy & Procedure
p.c.	after meals
P.E.	physical examination
P.E.R.L.	pupils equal & reactive to light
P.M.	afternoon
p.o.	per os (by mouth)
P.O.	phone order
P.T.	physical therapy
P/C	Personal Coordinator
P/P	personal property
PA	Physican assistant
PA/PG/PC	Public Administrator/Public Guardian/Public Conservator
PACT	People Achieving Change Together
PADS	Prevention Activities Data System
palp	palpable
Pap	Papanicolaou's smear or stain test

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PAR	Property Action Request
Path	pathology
PATH	Projects for Assistance in Transition from Homelessness
Pathways	Pathway to Success After Homelessness -- CSS program administered by TPCP
PC	Probate Code/primary care
PCIT	Parent Child Interactive Therapy
PCN	penicillin
PCP	primary care physician
PD	public defender
pd.	Paid
Peds	pediatrics
PEI	Prevention & Early Intervention (one of the 5 MHSA components)
PERT	Psychiatric Emergency Response Team (proposed component of Sacramento County CSS Plan, now defunct)
PES	Psychiatric Emergency Service
PES	Perinatal Environmental Scan
ph	hydrogen ion concentration
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHN	Public Health Nurse
PMS	post menopausal syndrome
PN	Psychiatric Nurse
PNS	peripheral nervous system
POA	Point of Authorization
POQI	Performance, Outcome, and Quality Assurance - DMH performance outcomes data unit)
pos (+)	Positive
post.	Posterior
post-op	postoperation
PPC	Patient Placement Criteria
PPD	purified protein derivative (tuberculin skin test)
PPN	Patient Progress Note
PPVT	Peabody Picture Vocabulary Test
Pr	prognosis
Preg.	Pregnancy
pre-op	preoperative
prep	preparation
PRN	as necessary – when necessary
pro. Time	prothrombin time
PROB	Probate
PROBREE	probate referee
Prog	prognosis
PROM	passive range of motion
pron/sup	pronation/supination
PROP	property

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PSC	Personal Service Coordinator
PSD	Program Services Division
PSN	Parolee Services Network
Psy	psychiatric
PSYCH	psychiatry
PSYCHOL	psychology
PT	prothrombin time
Pt.	Patient
PTSD	Post Traumatic Stress Disorder
PUD	peptic ulcer disease
PVC's	premature ventricular contrac.
PVD	peripheral vascular disease
q	every
q2h, q3h (etc.)	every 2 hours, every 3 hours (etc.)
QA	Quality Assurance
qh	every hour
qhs	at hour of sleep (bedtime)
QI	Quality Improvement
QIC	Quality Improvement Committee
qid	4 times day
QM	Quality Management
qod	every other day
qow	every other week
qt	quart
quad	quadriplegic
qw/qwk	every week
R&B	room and board
R&R	Reassessment and Reauthorization
R.P.T.	registered physical therapist
R.T.	recreational therapist
R/O	rule out
R/Rt	right
RBBB	right bundle branch block
RBC	red blood count
RC	Resource Center
RCF	Residential Care Facilities
RCF	residential care facility
RCL	Rate Classification Level
RCL	Residential Care Level
RCRC	River City Residence Club
rcv	receive
rcv'd	received
rec	recommendation
REHAB	rehabilitation
REPO	Research Evaluation & Performance Outcomes -- Unit within Division of Mental Health

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Acronym/Abbreviation	Meaning
req	request
resp	respiratory
RFA	Request for Application
RFP	Request for Proposal
RFQ	Request For Qualifications
Rh	Rhesus Blood Factor
RIS	responds to internal stimuli
RLE	right lower extremity
RLL	right lower lobe (lung)
RLQ	right lower quadrant (abdomen)
RML	right middle lobe (lung)
RN	Registered Nurse
ROM	range of motion
RRHP	Resident-Run Housing Program
RST	Regional Support Team
RUE	right upper extremity
RUL	right upper lobe (lung)
RUQ	right upper quadrant (abdomen)
rvw	review
RWR	recommended wt. Range
Rx	treatment (prescription)
S.S.E.	soap suds enema
S.T.	speech therapy
S/P	status post
S/S	signs and symptoms
SAAC	Southeast Asian Assistance Center
SACPA	Substance Abuse and Crime Prevention Act
SAD	seasonal affective disorder
SAFE	Sacramento Advocacy for Family Empowerment
SAMHSA	Substance Abuse & Mental Health Services Administration (Federal Agency)
SAPT	Substance Abuse Prevention and Treatment
SARC	Substance Abuse Research Consortium
SAS	Senior and Adult Services
SASSI	Substance abuse Subtle Screening Inventory
SB	Senate Bill
SBAC	Sacramento Black Alcoholism Center
SBIRT	Screening, Brief Intervention, Referral and Treatment
SBO	School Based Outpatient programs
SCAN	suspected child abuse
SCMHTC	Sacramento County Mental Health Treatment Center
SD	Short-Doyle Act
SDAT	senile dementia, Alzheimer type
SDB	safe deposit box
SDFSC	Safe and Drug-Free Schools and Communities
SDI	State Disability Insurance

Division of Behavioral Health Services
Abbreviations and Acronyms List

Acronym/Abbreviation	Meaning
SE	side effect
SED	Severely Emotionally Disturbed
sed.rate	sedimentation rate
Selective Programs (PEI)	Programs & services specifically targeted towards a group with a higher than average risk of developing a mental illness.
SELPA	Special Education Local Planning Area - This is the term for Special Education Districts. There are four in this county. One of them Sacramento County Office of Education (SCOE) is an umbrella agency for 16 separate school districts.
SEOW	State Epidemiological Outcomes Workgroup
SEQ#	sequence number
SFY	State Fiscal Year
SGF	State General Fund
SGOT	serum glutamic-oxaloacetic
SGPT	serum glutamate-pyruvate
SHEP	Supportive Housing and Entitlement Program
SHRA	Sacramento Housing & Redevelopment Agency (Local Housing Authority)
SIB	self injurious behavior
Sierra	Sierra Elder Wellness Program -- CSS program administered by El Hogar
SIG	State Incentive Grant
SJUSD	San Juan Unified School District
sl	slight
sm	small
SMA	State Maximum Allowance
SMI	Serious Mental Illness
SNF	Skilled Nursing Facility
SO	significant other
SOAP	Subjective/Objective/Assess-ment/Plan
SOB	shortness of breath
SOC	share of cost
SOC	System Of Care
SOC	Systems of Care
sol	solution
SOP	Standard Operating Procedure
SP	status post
Sp. Path	speech pathology
spec	specimen
SPF	Strategic Prevention Framework
sq. cell ca.	squamous cell carcinoma
SRMHC	Sr. Mental Health Counselor
SRO	Single Room Occupancy
SROA	Sr. Office Assistant
SSA	Social Security Administration
SSA	Single State Agency
SSDI	Social Security Disability Insurance
SSI	Social Security Income

Division of Behavioral Health Services
Abbreviations and Acronyms List

Acronym/Abbreviation	Meaning
SSI	Supplemental Security Income
SSI/DA/A	Supplemental Security Income for Drug Addiction or Alcoholism
SSI/SSP	Supplemental Security Income/State Supplementary Program
SSN	Social Security Number
SSR	System Service Request
SSW	Social Service Worker
STAKE	Stop Tobacco Access to Kids Enforcement (Act)
Staph	staphylococcus
STAT	immediately
stats	statistics
STD	sexually transmitted disease
stmt	statement
STNAP	State Treatment Needs Assessment Program
Strep	streptococcus
SUB Q/sub q	subcutaneous
sup	supervisor
Surg	surgery
svc	service
SVS	Sacramento Vocational Services
SW	Social Worker
Sx	symptoms
sz	seizure
T&A	tonsillectomy and adenoidectomy
T&C	type and crossmatch
T/B	trial balance
TA	Technical Assistance
tab	tablet
TANF	Temporary Assistance for Needy Families
TAR	Treatment Authorization Request
TAY	Transition Age Youth
TB	tuberculosis
TB	Tuberculosis
TBS	Therapeutic Behavioral Services
tbsp	tablespoon
TC or T/C	telephone call
TCORE	Transitional Community Opportunities for Recovery & Engagement. CSS program administered by Human Resources Consultants.
TCS	Tobacco Control Section
temp	temperature
TF-CBT	Trauma-Focus Cognitive Behavioral Therapy
TI	Tenant Improvement
TIA	transient ischemic attack
tid	3 x day
tinct	tincture
TISA	Transitional Integrated Services Agency
TLC	Transitional Living Center

Division of Behavioral Health Services
Abbreviations and Acronyms List

Acronym/Abbreviation	Meaning
TLCS	Transitional Living and Community Support
TP	Turning Point
TPCP	Turning Point Community Programs
TPISA	Turning Point Integrated Service Agency
TPR	temperature, pulse, respiration
TPS	Teaching Prosocial Skills
trach	tracheostomy
Trans-code	transaction code
tsp	teaspoon
TURB	transurethral resection of bladder
TURP	transurethral resection of prostate
TWC	Transcultural Wellness Center. CSS program administered by APCC
Tx	treatment
UA	urinalysis
UACC	United Advocate for Children of California
UCDMC	University of California, Davis Medical Center
Universal Programs (PEI)	Programs & services targeting the general public or whole population not identified on the basis of individual risk.
unk	unknown
UR	Utilization Review
URC	Utilization Review Committee
URI	upper respiratory infection
Urol.	Urology
UTI	urinary tract infection
V.D.	venereal disease
V.P. Shunt	ventriculo-peritoneal shunt
V.S./VS	vital signs
V/H or VH	visual hallucinations
V/S/S	vital signs stable
VA	Veteran's Administration
VA/DB	Veteran's Administration death benefit
vit	vitamin
VIT.CAP.	vital capacity
VM or V/M	voice mail
VN	visiting nurse
VNA	Visiting Nursing Association
VOA	Volunteers Of America
VOA	Volunteers of America
vol	volume
w/	with
w/c	wheelchair
w/o	without
WAIS	Wescler Adult Intelligence Scale-Revised
Wass	Wassermann
WBC	white blood count
WCRTS	Women and Children Residential Treatment Services

Division of Behavioral Health Services
Abbreviations and Acronyms List

Acronym/Abbreviation	Meaning
WEAVE	Women Escaping a Violent Environment
WET	Workforce Education & Training (one of the 5 MHSA components)
WIC	Welfare & Institution Code
WISC	Weschler Intelligence Scale for Children
WISC-R	Weschler Intelligence Scale for Children-Revised
wk	week
WNL	within normal limits
WORK	Widening Opportunities for Rehabilitation and Knowledge
Wraparound	Service delivery model & philosophy providing "whatever it takes" services and support to consumers and their family members. Mental health service delivery model.
WRC	Wellness & Recovery Center. CSS program administered by Consumer Self Help Inc.
wt.	weight
YAC	Youth Advisory Council
YIS	Youth Intervention Services
<u>Symbols</u>	<u>Numbers & Letters</u>
5150	Welfare and Institutions code reference that is the basis for placing a 72-hour legal hold on a person for purpose of psychiatric evaluation & treatment.
5250	14 day hold
5270	30 day hold
#	pounds
&	and
(L)	lunch
@	at
<	less than
>	greater than
4xd	four times a day
aka	also known as
Dept/dept.	Department
Srvcs./scvcs.	Services
x	times (example: 4x per day/hour/week/etc.)