FAST FACTS ABOUT HEPATITIS A

HEPATITIS A is a contagious liver disease caused by the HEPATITIS A virus (HAV).

The disease causes inflammation (swelling) of the liver that can last up to a few months.

Almost everyone recovers from HEPATITIS A with lifelong immunity but a small amount of people may die due to liver failure.

HEPATITIS A can be prevented by getting the vaccine and washing your hands regularly for at least 20 seconds.
WHAT PUTS YOU AT RISK FOR HEPATITIS A

Hepatitis A is spread by swallowing food or liquids contaminated with infected feces (poop).
Most infections result from close personal contact with an infected household member or sex partner.

SYMPTOMS OF HEPATITIS A

Fever
Fatigue
Nausea
Loss of appetite
Jaundice (yellowing of the skin or eyes)
Stomach pain
Vomiting
Dark urine, pale stools, and diarrhea

YOU CAN PREVENT THE SPREAD OF HEPATITIS A

GET THE HEPATITIS A VACCINE.

WASH YOUR HANDS
with soap and water after using the bathroom or before preparing food.

NEVER SHARE
towels, toothbrushes, utensils or other personal hygiene items.