

Who can receive IHSS Services?

Individuals who need assistance to remain at home safely and independently may receive IHSS. Eligible clients either receive Supplemental Security Income (SSI) or meet income and resource guidelines. If an individual is not on SSI, they may have to pay a monthly share of cost (co-payment) which depends on monthly income. Clients also receive Medi-Cal.

How do I reach Sacramento County IHSS?

Call IHSS at 916-874-9471. The office is open Monday through Friday, from 9:00 A.M. to 4:00 P.M.

County Executive—Bradley J. Hudson

Board of Supervisors

- + Phil Serna, 1st District
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IN-HOME SUPPORTIVE SERVICES

County of Sacramento
Department of Health & Human Services
9750 Business Park Drive
Sacramento, CA 95827

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What is In-Home Supportive Services (IHSS)?

IHSS is a Sacramento County Department of Health and Human Services program which provides services to limited income individuals who need assistance to remain safely at home. People who receive services through IHSS must meet income and resource guidelines.

In addition, they are either:

- 65 years and over, or
- blind, or
- permanently disabled, or
- disabled children with extraordinary care needs.

What services does IHSS provide?

When a person qualifies for IHSS, a social worker will visit the home to assess the need for services.

Examples of some of these services are:

- bathing
- dressing
- cooking
- cleaning
- grooming
- feeding

Who may refer potential clients to IHSS?

Anyone can refer a potential client including:

- yourself
- neighbor
- family member
- hospital staff
- senior center staff
- physician office personnel
- home health agency staff
- community organizations that serve people over 65, and blind or disabled

What happens after the referral is made?

Once a referral is received the case is assigned to a social worker who will schedule an appointment. The social worker will conduct a needs assessment in the applicant's home. An IHSS public health nurse may be asked to visit the applicant and make a health assessment or connect the applicant with needed health related services.

What is a needs assessment?

A social worker determines needs based on the applicant's medical condition, living arrangement and resources that may already be available. The applicant's doctor will be consulted to verify the medical condition and health needs.

How does IHSS work?

The IHSS client is the employer of the caregiver. Clients may contact the IHSS Caregiver Registry (874-4411) for assistance with locating a caregiver. The client is responsible for supervising the caregiver and signing time sheets. IHSS will arrange for payment once a caregiver is hired.