Mobile Crisis Support Team

Dispatched through Law Enforcement

Bilingual/bicultural staff and interpreters are available at no cost.

For more information about Sacramento County MHSA: www.sacdhhs.com/MHSA

For more information about the Mobile Crisis Support Team: (916) 874-6057

California Relay Service: 711

Department of Health & Human Services
Division of Behavioral Health Services

Navdeep S. Gill
County Executive

Sherri Z. Heller, Ed.D., Director
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Division of Behavioral Health Services
In partnership with

The Sacramento City Police Department,
The Sacramento County Sheriff Department
The Citrus Heights Police Department
Folsom Police Department
and
TLCS Inc.

Mobile Crisis Support Team

Board of Supervisors
Phil Serna - 1st District
Patrick Kennedy - 2nd District
Susan Peters - 3rd District
Sue Frost - 4th District
Don Nottoli - 5th District

Dispatch Hours of Operation
Tues – Fri. 9:00 a.m. - 7:00 p.m.

Follow up hours of operation:
Mon. – Fri. 8am – 5pm
Who is the Mobile Crisis Support Team?

The Mobile Crisis Support Team is a collaboration that brings county behavioral health and law enforcement into one team to mitigate mental health crisis in the community via central dispatch. The team is accessed through local emergency and/or non-emergency Law Enforcement contact.

Four Mobile Crisis Support teams are assigned to areas throughout Sacramento County to provide support; Sacramento City Police Department for a City Wide approach, the Sheriff’s Central Division in South Sacramento, the Sheriff’s North Division in the North area and one team that supports both the Citrus Heights and the Folsom Police Department.

Each team is comprised of:

- A Police Officer or Sheriff Deputy who is trained to respond to persons experiencing mental health crisis via Crisis Intervention Training (CIT)
- A licensed Senior Mental Health Counselor from the Department of Health and Human Services, Division of Behavioral Health
- TLCS Peer Navigator working in partnership with the Senior Mental Health Counselor and Sheriff Dept.

Mission Statement

The Mobile Crisis Support Team serves individuals of all ages and diversity in identified areas throughout Sacramento County by providing timely crisis assessment and intervention to individuals who are experiencing a mental health crisis.

Serving the Sacramento County community by:

- Providing safe, compassionate and effective responses to individuals with a mental illness
- Increasing public safety
- Decreasing unnecessary hospitalizations for community members experiencing a mental health crisis
- Decreasing unnecessary incarcerations for community members experiencing a mental health crisis
- Increasing consumer participation with mental health providers by problem solving barriers and increasing knowledge of local resources

How does the Mobile Crisis Support Team help people?

- The team responds to mental health crisis in partnership with law enforcement to reduce risks and threats to self or others.
- They build upon individual, family and community self-identified strengths and skills to divert individuals from unnecessary incarceration or hospitalization.
- They assist with making connections to and navigating services systems to support access to ongoing mental health support.
- They mobilize authorized mental health providers to support de-escalation, safety planning and ongoing care
- They educate key individuals, family members or natural supports on how to improve health and wellness.